



# Winter Safety for Families

## Coats & Carseats DON'T Mix!

Remove your baby's coat BEFORE buckling in the carseat. Otherwise, the buckle won't be tight enough in the event of a crash. Lay the coat or a blanket on top of the buckle if extra warmth is needed.

## Check your smoke & carbon monoxide detectors.

Before you turn your heaters and fireplaces on!

## Safe Sleep is the snuggliest sleep.

Babies really only need one more layer than we do. Hats, loose blankets, and stuffed animals are a SIDS risk. Swaddles or Sleep sacks are safest for warmth.

## Space Heaters need space!

Keep all space heaters away from bedding, furniture, curtains, etc. Assign a designated person to confirm they're off before leaving or sleeping.

## Identify safe grownups before gatherings.

Big (even family!) gatherings mean new, unknown people for your kids. Talk about who's a trusted grownup, and remember not to force hugs or touch.